

# The Summit 2014 NSP Outdoor Emergency Care Class

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## **Supply Pack Contents**

<b>Pack 1:</b>	1 Aluminum Splint
	1 Bandage Scissors
	1 Penlight
	1 Non-rebreather O2 Mask
	1 Nasal Cannula
	4 Cravats (triangular 72" x 48" x 48")
<b>Pack 2:</b>	1 Sharpie Marker
	12 Benzalkonium Chloride Towelettes
	6 Tongue Depressors
	2 Addipacks (15ml of sterile NaCl (0.9%) for irrigation)
	3 4x4" gauze pads
	2 large "Kling" rollers (4") non-sterile
	3 smaller gauze rollers (4") non-sterile
	~ 20 4x4" gauze pads non-sterile
	1 roll 2" cloth first aid tape
	4 knuckle bandages
	1 non-adhesive pad
	2 abdominal pads sterile
	2 eye pads sterile
	1 feminine hygiene pad

### **Notes:**

- (1) MARK pack 1 items with your name; these will not be replaced.
- (2) REUSE pack 2 items as much as possible; some resupply will be available.
- (3) KEEP all these items in a small pack or duffle bag and bring to every session